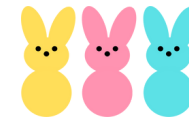




April 2024 courses



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY EASTER 1	2 ▲ Mothering your Mind	3	4	5 Infant Massage ▲ (4 weeks)	6 ● Childbirth Education
7	8	9 ● Prenatal Breastfeeding ▲ Mothering your Mind	10	11	12 Infant Massage ▲ (4 weeks)	13
14	15	16 ▲ Mothering your Mind	17	18	19 Infant Massage ▲ (4 weeks)	20 ● Childbirth Education
21	22 ● Pregnancy and Infant Loss Support Group (6 weeks)	23 ▲ Push Prep 101 ▲ Mothering your Mind	24	25	26 Infant Massage ▲ (4 weeks)	27
28	29 ● Pregnancy and Infant Loss Support Group (6 weeks)	30 ▲ Mothering your Mind				

For more information or to sign up, check out our website or visit reception!
www.rebirthwellness.ca

▲ Hyde Park
● Central Ave